

OUTDOOR TENNIS

- ⇒ Singles & Doubles play allowed with up to 30 people from different households (rule of 30)
- ⇒ 1:1 & 1:2 coaching permitted
- ⇒ Covid-Secure group coaching & club play sessions permitted for all players
- ⇒ Spectating permitted for all whilst maintaining 1 metre+ social distance (within rule of 30)
- ⇒ Socialising before/after play permitted for all (within rule of 30)

INDOOR TENNIS

- ⇒ Singles & Doubles play allowed with up to 6 people from different households (rule of 6)
- ⇒ 1:1 & 1:2 coaching permitted
- ⇒ Covid-Secure group coaching permitted for all players
- ⇒ One way system in operation
- ⇒ Face covering should be worn when not participating in sport
- ⇒ Spectating permitted for all whilst maintaining 1 metre+ social distance (within rule of 6)
- ⇒ Socialising before/after play permitted for all (within rule of 6)

TABLE TENNIS

- ⇒ Singles play allowed with up to 6 people from different households (rule of 6)
- ⇒ Doubles play allowed for same household/ bubble groups only
- ⇒ 1:1 coaching permitted
- ⇒ Covid-Secure group coaching & club competitions permitted
- ⇒ One way system in operation
- ⇒ Face covering should be worn when not participating in sport
- ⇒ Spectating permitted for all whilst maintaining 1 metre+ social distance (within rule of 6)
- ⇒ Socialising before/after play permitted for all (within rule of 6)

BADMINTON

- ⇒ Singles & doubles play allowed with up to 6 people from different households (rule of 6)
- ⇒ 1:1 & 1:2 coaching permitted
- ⇒ Covid-Secure group coaching & club competitions permitted
- ⇒ One way system in operation
- ⇒ Face covering should be worn when not participating in sport
- ⇒ Spectating permitted for all whilst maintaining 1 metre+ social distance (within rule of 6)
- ⇒ Socialising before/after play permitted for all (within rule of 6)

WHEN AT ARC

- ⇒ Scan NHS Track & Trace QR code on arrival
- ⇒ Maintain 1 metre+ social distance at all times
- ⇒ Use hand sanitiser often
- ⇒ Wear a face covering inside when not actively playing (Spectating or travelling to/ from your court)
- ⇒ Do not touch other players equipment (*balls, shuttles racquets etc*)

BEFORE COMING TO ARC

- ⇒ Book & pay for your session/ court online
- ⇒ Check booking confirmation for latest info & gate codes
- ⇒ Consider the fact that toilet facilities are limited on site
- ⇒ Mark your equipment (*balls/shuttles*)
- ⇒ Do not leave the house if you or anyone else in your household has any Covid-19 symptoms
- ⇒ Avoid arriving early and wait in your car if necessary