Latest Guidance from the Government / Table Tennis England 12th July 2021

The key changes from the 19th July have been outlined below:

From 19th July:

* Removal of all legal limits on social contact and social distancing, meaning that:
  + The 1m+ rule will no longer be in place for sports settings
  + There are no maximum numbers inside indoor sports spaces or how many people can meet together
  + Face coverings are no longer required by law but advised in crowded public spaces
* Doubles play will be permitted
* Competitions can resume at all levels (e.g. inc. 3\* and 4\*), as well as reintroduction of spectators at the organisers’ discretion

What remains in place:

* Keeping track of attendees at sessions is still important to do as self-isolation requirements remain in place
* If you have any [Covid-19 symptoms](https://protect-eu.mimecast.com/s/zGp2C92YPTYY1wUESBza?domain=bbc.co.uk), you [should self-isolate for at least 10 days](https://protect-eu.mimecast.com/s/xANCC09DPIrr8AT2Afrf?domain=gov.uk) from when they start, and arrange [to get tested.](https://protect-eu.mimecast.com/s/o9JRCgkMNuYYkzU3fZOU?domain=bbc.co.uk) If you don’t have symptoms, but test positive, you must also self-isolate for at least 10 days
* The NHS Q-code Track & Trace and hand-sanitisation will remain recommended as good practice.

        From Monday 19th July at Table Tennis Centre Smallbrook Stadium Ryde.

               1) No Booking Required just walk in and play.

               2) Opening: Monday 9-15am -12 noon. 6.45pm - 9pm.

Wednesday 9-15am -12noon. Friday 7pm- 9pm

               3) Hand sanitiser is available when entering the Centre.

               4) Card only Payments.

               5) Please make sure your name is entered on the register.

               6) All 10 Tables will be available to use.

               7) Tea/Coffee etc is available.